



Amos at 16 with sitar



Pasta alla norma



Lighthouse in Portland, Maine

## We asked Amos ...

### What is one of your favorite Sicilian traditions?

One of my favorite Sicilian traditions is the tradition of Sicilian folk music and dance. Sicilian folk music tells rich and colorful stories of the Sicilian people. Sicilian folk dancing is beautiful and people of all ages can take part in it. I love both performing and participating!

### What are your favorite Sicilian foods?

I love arancini, which are fried saffron rice fritters filled with various delicious fillings. I also have to mention cannoli, Sicily's most famous dessert. Cannoli are tube-shaped pastries filled with a sweet ricotta cheese filling sometimes mixed with candied orange, pistachio, chocolate chips, or other delicious additions. I love them!

### Who helped connect you to your Sicilian roots?

My grandmother helped me to connect to my Sicilian roots, as well as all of my relatives in Sicily itself. My grandmother taught me my first words of Sicilian language, which is completely separate from Italian. She helped me to connect with our family in our village of Mineo, who have been an important part of my life for many years.

### What is one of your earliest memories of music?

My father was a musician, so my earliest memories of music are of watching him and his friends rehearse at home. I was fascinated with the instruments, and I remember thinking "I really want to do that someday."